



Optional Activities for winter 09-10:

During the winter season Hotel Kalevala arranges extra programs on a daily or weekly basis.

SNOWMOBILE SAFARIS, min. 2 persons

2 HOUR SNOWMOBILE SAFARI

Guided snowmobile safari for beginners. Incl. 20 - 25 km drive and thermal clothes.

2 persons/1 snowmobile 98,-/person

1 person/1 snowmobile 138,-/ person

3 –4 HOUR SNOWMOBILE SAFARI

Guided snowmobile safari, incl. coffee by an open campfire and equipment. 25-30 km

2 persons/1 snowmobile 134,-/person

1 person/1 snowmobile 189,-/ person

4 - 5 HOUR SNOWMOBILE SAFARI

Guided snowmobile safari incl. picnic lunch and coffee by an open campfire, safari equipment.

Driving about 45 –55 km

2 persons/1 snowmobile 167,-/person

1 person/1 snowmobile 214,-/ person

5 - 6 HOUR SNOWMOBILE SAFARI

Guided snowmobile safari incl. picnic lunch and coffee by an open campfire, safari equipment.

Driving about 55 –65 km

2 persons/1 snowmobile 197,-/person

1 person/1 snowmobile 248,-/ person

SNOWSHOE TOURS, min. 4 persons

2 –3 HOUR SNOWSHOE TOUR, 38,-/person

Guided tour for beginners, incl. hot juice

5 – 6 HOUR SNOWSHOE TOUR 74,-/person

Guided tour with pick nick lunch by an open campfire

ICE FISHING IN LAKE LAMMASJÄRVI

Initial instruction for beginners, group goes fishing with snowshoes, skies or by walk. Incl. coffee by an open campfire. Duration 2 – 3 hours. 65,-/person. min. 4 persons

BIATHLON, min. 4 persons

At the Kalevala ski centre, next to hotel you have possibility to practise biathlon. First we'll learn shooting with professional guide. After learning easy "competition" with 2 x 1 km skiing and 2 x shooting. Hot juice and diploma included. 49,-/person

HUSKY SAFARI, min 2 persons

Will be arranged at a Husky-Kennel near to the Russian frontier. Incl. transfers appr.

45min/direction , a presentation of the Husky-Kennel and a film, safari 25-35 km drive, picnic lunch 202,-/person

CROSS COUNTRY SKI SCHOOL min. 4 persons
25,-/person 2 h. Ski school, (also Ski-skating)

CROSS COUNTRY SKI TOURS, min. 4 persons

2 - 3 HOUR SKI TOUR 38,-/person

Suitable for everybody, Incl. hot juice

5 - 6 HOUR SKI TOUR 87,-/person

For more experienced skiers, approximately 25 km guided tour, incl. picnic lunch by an open campfire

SKI TREK IN THE DUSK 2-3 HOURS 38,-/person

Light cross-country skiing trek in the dusk, the route mostly on lake ice. Coffee by a campfire along the way. Length approximately 15 kilometres.

ICE-SKATING, min. 4 persons 48,-/person

Guided ice-skating outdoors, incl. transfer, equipment, hot juice. Duration 2 hours. Extra charge for ice-skating indoors 39,-.

WINTER EVENING BY A FIRE IN

HARAKKASAARI ISLAND 65,-/person

We will go to Harakkasaari island with cross-country skies, by walk or by snowshoes, distance approximately 1 kilometre. A lean-to with reindeer hides will be waiting for us. We will have typical Finnish campfire meal: sausages, salad and coffee with buns. The evening continues singing campfire songs and playing snow war. Duration 3 hours. Min. 8 persons.

NORDIC WALKING 20,-/person

Guided Nordic Walking tour near the hotel, during the walk you'll see the large area of Kalevala; Petola Nature Centre, Christmas Village, Winter War Museum, Kalevala camping area, Kalevala Ski centre, Harakkasaari island with fire places. Suitable also for children. Price includes Nordic Walking poles. Duration 2hours. Min. 2 persons.



FINLAND

"HOTEL KALEVALA SNOW GAMES"

28,-/person

As in the real Olympic Games, we too will start the Hotel Kalevala mini Olympics by singing the Olympic anthem, taking the Olympic oath, hoisting the colours and lighting the Olympic flame. The Olympics in the Kalevala style may begin, events include: lie-down darts, tandem skiing, boring ice, downhill sliding relay, milking competition, kick-sledding, boot throwing... Duration approximately 2 hours. Min 12 pers.

57,-/full body massage (1,5 hours)

EXCITING SWIM IN THE PAJAKKAKOSKI

RAPID, min. 5 persons

The exciting swim takes place in the Pajakkakoski rapid in the centre of Kuhmo. The preparations for the swim include dressing in thermal underwear and a rescue suit with assistance from your guide. The first step is to get used to floating in the river and then the safety procedure and matters related to swimming down the rapid are explained. The participants swim down the rapid one by one. There are two rescuers at the bottom to make sure everybody gets out of the water safely. The experience is completed by having a warm toddy in a tepee below. Transfer hotel – Pajakkakoski – hotel included in the price. Price, pls ask offer !

WELLBEING PROGRAMMES

HERB BUBBLE BATH 26,-/pers.

20 minutes bath in a whirlpool with your favourite herb. 4 different herbs you can choose from; one with refreshing influence, one to give you strength, one for dry skin and one as a romance bath. Duration of the treatment 20 minutes. "Love bath" for two is possible.

PEAT SAUNA 32,-/pers.

This treatment improves your metabolism, helps fluid to go off your body and cleans your skin. Skin will be covered by peat for 20 minutes, after the gentle heat of the sauna, skin is softer and body relaxed.

INFRA-RED SAUNA 25,-/group 1-3 persons

Recommended those who suffer from allergies, acne, tiredness, depression and changing of mood. Loose weight and cellulite, Stimulates immune system, Improves circulation, Decrease stress, Cleans skin, helps in skin problems such as acne, rashes, scars.

MASSAGE

38,-/half body massage (1 hour)